

Serves 6-8

Hummus with Cucumber and Tomato

featuring... 34° Whole Grain Crispbread

Ingredients:

24 pieces **34° Whole Grain Crispbread**
Homemade or purchased hummus
24 thin cucumber slices
24 cherry or grape tomatoes, quartered
Fresh scallions or parsley, for garnish

Directions:

- Arrange 34° Whole-Grain Crispbreads on a platter.
- Top each with a cucumber slice and a dollop of hummus.
- Garnish with quartered tomatoes, scallions and any other fresh vegetables.
- Enjoy your healthy snack at once!

Tip: This is great fun for kids to make! Any other fresh, colourful vegetables, such as shredded carrots or diced bell pepper, would add additional nutrients and crunch to this healthy snack.



www.34-degrees.com



recipe developed by
www.moveablefeastcolorado.com





MADE IN USA

www.34-degrees.com



 Like us on Facebook

 Follow us on Twitter

